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| **Week 3**  **w/c 06/02/2022** | **Monday 6 February** | **Tuesday 7 February** | **Wednesday 8 February** | **Thursday 9 February** | **Friday 10 February** |
| **Main Choice 1** | **Sticky BBQ Chicken**  Served on a bed of fried egg noodle stir fry, with roasted sweetcorn and prawn crackers on the side | **American Hot Dog**  100% pork frankfurters served in a bun with fried onions, tomato ketchup  and roasted potato wedges | **Roast Chicken**  Roasted deboned chicken thighs, served with fresh roast potatoes, homemade gravy and seasonal vegetable | **Bolognaise Pasta**  Lean beef mince  in a South African bolognaise sauce served with penne pasta and garlic bread on the side | **Jumbo Fish Fingers**  Served with chips and  garden peas |
| **Main Choice 2** | **Vegetable Stir Fry**  Stir fried vegetables served on a bed of egg noodles, with prawn crackers and roasted sweetcorn | **Vegetarian American Hot Dog**  Quorn sausages served  in a bun with fried onions, tomato ketchup  and roasted potato wedges | **Vegetarian Sausage Roll**  Linda McCartney  sausage wrapped in short crust pastry,  served with fresh roast potatoes, homemade gravy and seasonal vegetables | **Tomato & Basil Pasta**  Homemade tomato and basil sauce, tossed in penne pasta, served with garlic bread | **Cheese & Onion Quiche**  Creamy Cheese, onion and spinach baked in a savoury tart pastry |
| **Jacket Potato** | **Jacket Potato**  served with a choice of  Tuna, Baked Beans,  Cheese or Ham | **Jacket Potato**  served with a choice of Tuna, Baked Beans,  Cheese or Ham | **Jacket Potato**  served with a choice of Tuna, Baked Beans,  Cheese or Ham | **Jacket Potato**  served with a choice of Tuna, Baked Beans,  Cheese or Ham | **Jacket Potato**  served with a choice of Tuna, Baked Beans,  Cheese or Ham |
| **Salads & Vegetables** | All our main dishes are accompanied with a selection of freshly made salads and seasonal vegetables | | | | |
| **Desserts** | A selection of cut and whole fruit, jelly and yogurts are available daily.  On Tuesdays and Thursdays, a sweet treat will also be offered | | | | |